

WHAT TO DO IF YOU EXPERIENCE RACISM

A guide for NSW nurses and midwives

**RACISM.
IT STOPS
WITH ME**

All nurses and midwives have the right to:



Work in a safe and healthy environment



Not be threatened, harassed, intimidated or bullied



Not be discriminated against



Report poor treatment without being victimised



At any time you can contact NSWNMA for support & advice
(02) 8595 1234 • 1300 367 962 • gensec@nswnma.asn.au

RACISM IN THE WORKPLACE

RACISM IN PUBLIC



If you feel confident and it is safe to do so – **CHALLENGE THE PERSON ABOUT THEIR ACTIONS** (remember, you can still report)



EMERGENCY CALL 000 if there is an immediate risk to your safety



REPORT to your manager and ask for a response



COMPLETE a workplace incident report and Violence Report (on the NSWNMA Toolkit App)



REPORT to the Police **131 444**



ESCALATE as a workplace issue if linked to the workplace

If you are unhappy with the outcome or need advice at any stage

PHONE OR EMAIL
NSWNMA

for support and advice

OR

ANTI-DISCRIMINATION NSW
1800 670 812

complaintsadb@justice.nsw.gov.au

OR

AUSTRALIAN HUMAN RIGHTS
COMMISSION • 1300 656 419

infoservice@humanrights.gov.au

For matters affecting your safety at work
(including your psychological safety) contact
SAFework NSW • 131 050

Contact for personal support
BEYOND BLUE • 1300 22 4636
LIFELINE • 13 11 14