



## PORT MACQUARIE

# Progressing rural, regional & remote nursing & midwifery careers

**THURSDAY 30 MARCH**

**9AM – 4PM**

**Ticket price: \$50**

**Undergraduate nursing and midwifery student: Free**

**Lunch provided, including morning and afternoon tea**

The NSWNMA and Charles Sturt University have collaborated to bring this empowering event to Port Macquarie. Hear from inspirational industry leaders and researchers as they showcase innovative models of care and ways of advancing nursing and midwifery capabilities in rural, regional and remote health.



**PROFESSIONAL  
EDUCATION**



**Charles Sturt  
University**



**KEYNOTE SPEAKER: TRISH LEMIN**

Trish's nursing career has taken her from rural emergency departments to being deployed to fire zones and to Wuhan, China early in the pandemic. Working as a district trauma clinical nurse consultant is where Trish found her true passion in the nursing profession. Trish also has experience in academia as a nursing lecturer and researcher.

As recipient of the 'NSW nurse of the year 2021' award in recognition of her work in Emergency management, Trish's goal is to ensure patients with severe injuries receive the best care in regional and rural hospitals. She believes this will be achieved by increasing nursing skills and capability in regional NSW around disaster preparedness. Trish currently works as the disaster nurse manager within the Mid-North Coast LHD.

### PROGRAM

- NSW parliamentary inquiry into rural, regional and remote (RRR) healthcare – outcomes and recommendations
- Nurse Practitioners – improving holistic care in RRR communities
- Supporting nurses and midwives to stay rural
- Health workforce retention in rural and remote regions
- Educational pathways to support rural, regional and remote career progression
- Midwifery care in regional and rural contexts
- Panel discussion – your opportunity to speak to our presenters
- Implementing allied health interventions for rural patients
- Keeping up with your CPD - all you need to know for recording and reflecting on your continuing professional development.
- Opportunity to tour Charles Sturt University's state of the art clinical simulation facilities.

**REGISTER YOUR SPOT NOW!**  
[nswnma.info/rrr-edu](http://nswnma.info/rrr-edu)