



NSW Nurses and Midwives Association in collaboration with Charles Sturt University

“Progressing Rural, Regional, and Remote Nursing & Midwifery Careers” Conference

Venue: Charles Sturt University, Port Macquarie Campus, Building 802, room 1020-1021

Date: Thursday 30 March 2023 (9am – 4:30pm)

PROGRAM		
Doors open: 8.45am for 9am start		9am
Master of Ceremonies and panel facilitator – <i>Craig Gross, Professional Officer, NSWNMA</i>		
Welcome to Country (10 mins)	Aunty Rhonda Radley	9:20am
Welcome / Opening Address Co-hosted by Charles Sturt and NSWNMA (10 minutes)	Kristina Griffin <i>Associate Head, School of Nursing, Paramedicine and Healthcare Sciences</i> <i>Charles Sturt University</i> Craig Gross, Professional Officer, NSWNMA	9:30am
Keynote Speaker (20 minutes)	Trish Lemin <i>Trauma Clinical Nurse Consultant, MNCLHD</i>	9:40am
NSW Parliamentary ‘Regional, Rural and Remote (RRR) Inquiry’ (15 mins with 5 mins Q&A) An overview of the outcomes and recommendations of the report.	Louise Wells, TBC <i>Course Director, Charles Sturt University</i>	10am
The Nurse Practitioner Model of Care (15 mins with 5 min Q&A)	Kirsty Baxter, <i>Nurse Practitioner, Cancer Services, Mid North Coast Cancer Institute</i>	10:20am
Midwifery Care in Regional and Rural Contexts 15 mins, 5 min questions	Jenni Doust, <i>Midwifery Manager, Mid North Coast LHD</i>	10:40am
Morning tea break (20 minutes)		11:00am
Research Outcomes for Supporting Retention in Rural and Remote Areas (15 min) Featuring the early career nurse research project		
What influences early career nurses to practice in rural areas? 10 min, 5 min questions This presentation explores evidence for why early career nurses come to practice in rural areas and what influences them to stay or leave.	Rebecca Barry <i>Lecturer in Rural Health</i> Elyce Green <i>Senior Lecturer in Rural Health</i> <i>Three Rivers Department of Rural Health, Charles Sturt University</i>	11:20am

Practical Models for Workforce Retention in Rural and Remote Regions (20-30 minutes)		
a) 'Grow your Own' – Charles Sturt University's collaborative clinical placement model 10 min, 5 min questions	Kristina Griffin, Matt Ellis <i>Charles Sturt University</i>	11:40am
b) Rural Generalist Nurse (RGN) Program 10 min, 5 min questions Via zoom	Jaime Coello, <i>Western NSW LHD</i>	12pm
c) Rural Nursing Pathways in Practice (RNPIp) 10 min, 5 min questions	Clare Scullion <i>Mid North Coast LHD</i>	12:15pm
Upskilling the Rural and Regional Workforce 15 mins, 5 min questions	Louise Wells, <i>Course Director, Charles Sturt University</i>	12:30pm
Lunch break (45 mins)		1pm
Panel Discussion (45 mins) 1. How can we make rural and remote nursing and midwifery an attractive career option? 2. What are the barriers to attracting health care workforce in rural and remote areas? 3. How do we retain a rural and remote health workforce? 4. Where do you see the future of nursing and midwifery for regional, rural, and remote communities?	Panel members: Kristina Griffin, Trish Lemin, Jenni Doust, Clare Scullion, Elyce Green, Catherine Ivanfy Panel discussion facilitator: Craig Gross, NSWNMA	1:50pm
Implementing Allied Health Interventions for Rural Patients (30 minutes) Given the allied health staff shortages in rural and regional Australia, hear from allied health professionals discussing some of best practice interventions relevant to rural patients that can be implemented by nurses. Featuring a presentation from a Physiotherapist, Occupational Therapist and Social Worker.	CSU speakers Social work delivered by Rebecca Barry. Physiotherapy Kylie Dobson, Lecturer in Physiotherapy, Charles Sturt University Occupational Therapy – Vagner Dos Santos	2:40pm
Short afternoon break (15mins)		3:10pm
Practical CPD session (CPD hours) 30 mins Continuing professional development is a mandatory registration standard for nurses and midwives.	Catherine Ivanfy <i>NSWNMA</i>	3:30pm
Summary and conclusions (10-15mins)	Kristina Griffin <i>Charles Sturt</i>	4pm
Optional Tour - Port Macquarie campus – Charles Sturt nursing simulation facilities	Kristina Griffin <i>Charles Sturt</i>	4:15pm
Conference ends		4.30pm

Note: Program subject to change.

Venue Map:

